

# in the house

NOVEMBER 2021  
ISSUE 58

OFFICIAL MAGAZINE OF MANILA HOUSE

A SEASON  
OF THANKS



BAR | CUISINE | ART | POP-UP | EVENTS

# GRACE NOTES

I write this note from Europe, where I have been spending time with my daughters. What surprises you the most when traveling outside of the Philippines is the total ease with which people have embraced normal life. Restaurants are filled with patrons huddled close together without a mask in sight. Social distancing is more of a suggestion than a requirement. Many establishments have alcohol dispensers at the entrance to their premises, but for the most part, they are empty. Face shields do not exist at all. Within a few days, you've shed the COVID paranoia that permeates interactions in Manila, and walk around the streets of New York, London and Madrid without a mask as well. Outdoors, there really isn't much of a need for masks, but indoors, especially on public transportation, I still reach for my mask and put it on. And I still keep wipes and hand sanitiser in my bag.

But I do feel safer in Europe knowing that most of the adult population has been vaccinated. Younger people have also received at least their first round of shots, and school has been face to face (with masks inside classrooms) for quite some time now. Outside of the airports, no one asks for your vaccination status; it's simply assumed that you must be vaccinated or soon to be vaccinated. Of course the threat of catching COVID still looms, but the chances of getting seriously ill, being hospitalised, or dying from it have been vastly reduced.

We can only be grateful that vaccination efforts have stepped up all over the country. Our No vaccine, No entry policy has proven to be effective, and keeps our Members and their guests feeling safe whenever they come to the Club. We are also grateful for the wonders of technology, that allow us to continue our talks and events online, without worrying about being packed together in a small room, or having to race against the traffic to get to the Club on time.

We are also grateful to be part of an amazing community of Members, Staff, friends and partners. Without your steadfast commitment to and support for the Club, we would not be the family of engaged and caring individuals that we are.

Happy Thanksgiving!



**Bambina Olivares**

*Director of PR and Arts,  
Culture, and Education Programs*



## HOW TO SIGN UP

Manila House Rewards is easy and convenient to access. The attached hyperlink <https://manila-house.eber.co> takes you to the registration/login page.

You will be able to log in to your account using the primary email or mobile number connected to your Club membership.

## Best In-House Magazine

PHILIPPINES BEST BRAND AWARDS 2018



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### ON THE COVER

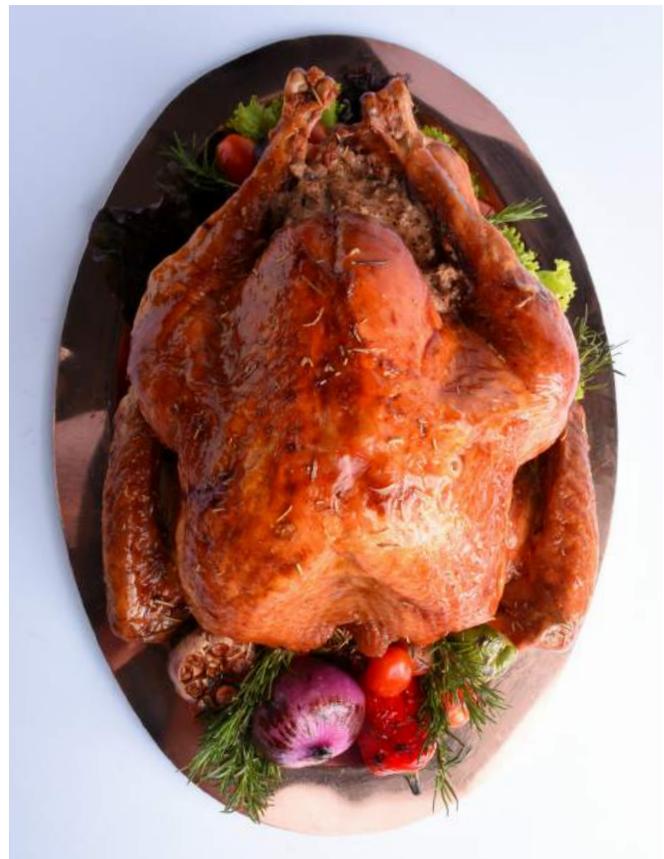
*The new Retail Corner at  
the Luna Lobby*

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*Roasted Whole Turkey with Sausage Stuffing, available this Thanksgiving*

## REY VINCENT SAJULGA

Service is an important component of the overall dining experience. One of our long-serving team members at the Bonifacio Dining is **Vince Sajulga**, who reflects on his career in the F&B industry.

### *How did you learn about Manila House?*

I was with Somerset Hotel in Alabang when my manager told me about Manila House and asked if I wanted to work there. That's when I took the opportunity to try something new and work in a different environment.

### *What do you like most about your job?*

I love serving the guests. I enjoy every moment, especially talking to them. Serving them gives me pleasure and satisfaction.

### *Who do you consider as mentor or someone you look up to in the F&B industry?*

I consider one of my managers to be my mentor in the F&B industry. He helped me to be the person I am right now. He taught me to be patient with everything, to be a humble person and also to set a goal in life and that inspires me to keep going. I am proud that I got to know him and I am very thankful. He's also the reason why I'm in Manila House now!

### *If you could work and live somewhere else where would it be and why?*

It is really my dream to work in a cruise ship, to help my family. Every time I hear about cruise ships it excites me not just because it sounds fun but also because of the new environment and culture that will be a challenge to me. If I have to choose where I could live, I will choose where my family is. I still want to see them and spend time together.

### *What are you most proud of in your career and personal life?*

The thing that I am most proud of is that I get to know and meet unexpected people that I can't even imagine. Working in the F&B industry is very challenging and one of the things I learned is how to deal with people. You get to be inspired by them and it teaches you how to present yourself at the same time.



Masks and face shields were removed for photo purposes

## POP QUIZ

### • **My most memorable moment in Manila House was...**

The times before pandemic. I worked until late night with other employees, enjoying every moment. And especially around Christmas, attending the Christmas parties together with all the staff from other departments.

### • **My favorite scary movie is...**

The Wrong Turn

### • **Three things that I can't live without are...**

Cellphone, bag and wallet

## DIRECTORY

### **Reservations**

+63 917 816 3685

[reservations@manilahouseinc.com](mailto:reservations@manilahouseinc.com)

### **Membership**

+63 917 805 5941

[membership@manilahouseinc.com](mailto:membership@manilahouseinc.com)

### **PR and Arts, Culture & Education Programs**

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[events@manilahouseinc.com](mailto:events@manilahouseinc.com)

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### **Manila House Private Club, Inc.**

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[www.manilahouseinc.com](http://www.manilahouseinc.com)

 Manila House  
Private Members Club

 @manila\_house

 @manila\_house

 Manila House Private Club



# ATTENTION ALL MEMBERS

## MEMBER REFERRAL AND REWARDS PROGRAMME

We're accepting membership applications again. Refer a friend, family member or business associate for membership to Manila House and we'll reward you!

For every new Member you refer, you will receive a P10,000 voucher that is

- redeemable against food and beverage consumption for dine-in and takeaways
- non-transferrable and not convertible to cash
- valid for six months from date of issue
- valid for single transaction and shall not be claimed with any discount and promotions

The voucher is released only upon the payment of membership joining fees by the new Member. The value of the voucher is fixed, regardless of membership type.

*For inquiries and more information regarding Member Referral Programme, please call +63 917 805 5941 or email [membership@manilahouseinc.com](mailto:membership@manilahouseinc.com)*

## 2022 ANNUAL DUES AND EARLY BIRD PROMO

With the last quarter approaching, we encourage our Members to pay their 2022 dues on or before December 31, 2021, and enjoy our Early Bird Incentives:

- 10% Discount to be given to Investors and their Nominees
- F&B Voucher equivalent to monthly dues to be given to Founding, Regular, Associate and Junior Members

*Kindly send us a copy of the transaction slip once payment is made, for proper recording*

## MONTHLY CONSUMABLES

Annual Dues are inclusive of P700 and P500 monthly consumables. Founding, Regular, and Associate Members will be entitled to P700 in monthly consumables. For Junior Members, the monthly consumable amount is P500. The consumable amounts may be used in all F&B outlets. If unused, the monthly consumable amount will be forfeited at the end of every month.

*For more information regarding Membership concerns, please call +63 917 805 5941 or email [membership@manilahouseinc.com](mailto:membership@manilahouseinc.com)*

## F&B VOUCHERS

We continue to encourage Members to purchase in advance the P10,000 F&B vouchers that are fully consumable and may be used for dine-in and takeaway. They may also be used as payment for webinar registration fees which include food delivery options.

## SUPPORT MANILA HOUSE VIA TAKEAWAY

The current lockdown restrictions have meant that the Club is closed for dine-in until further notice.

In the meantime, we urge all Members to support the Club, and its employees, by ordering from our Takeaway Menu.

For your convenience, we offer several ways to order Takeaway:

Order from our website ([shop.manilahouseinc.com](http://shop.manilahouseinc.com)), through food delivery services (**Pick-a-Roo, Grab Food and Foodpanda**), or by calling us directly (+63 917 816 3685).

Thank you for being part of the Manila House community, and for supporting your Manila House family.

# Essentials in the Time of COVID

A curated selection of necessary items from our partners

## STAY WELL AT THE FARM AT SAN BENITO

Detox, de-stress and emerge refreshed. Special rates at **The Farm** await Manila House Members.

Room rates begin at P10,000++ per night and includes Nutrient-rich vegan breakfast for two; Holistic Health Orientation with our integrative Doctor; Participation in Mindful Movements: Yoga Sessions, Mandala Flower Meditation, Immune Boosting Juice and Blends Prep Class, Wellness Talks, and Nature Walks; Use of facilities; Complimentary WiFi

To ensure a safe and comfortable stay, all guests are required to take a 15-minute FDA-approved rapid test on-site prior to entry at P2,500++ per person additional fee.

Contact details: +63 918 884 8080, +63 917 572 2325  
[info@thefarm.com.ph](mailto:info@thefarm.com.ph)  
[www.thefarmsanbenito.com](http://www.thefarmsanbenito.com)



## ESCAPE TO BANWA ISLAND

Banwa Private Island is Palawan's most talked about new all-villa holiday destination for discerning guests seeking the ultimate in contemporary luxury, privacy and bespoke service.

Located within a marine protected area and home to an abundance of rare and vivid flora and fauna, Banwa Private Island has six magnificent beach-front villas, each with their own infinity pool providing the utmost in privacy and tranquility. World-class amenities include a stunning open kitchen restaurant and terrace bar, a spa pavilion featuring floodlit tennis court, gym, massage suite, Pilates/yoga studio and juice bar. There's a dive centre and short-game golf course, too.

Remote, yet not removed, the 6.5-hectare island is accessible via helicopter or seaplane direct to the island from Manila, or via private jet to San Vicente or Puerto Princesa. Furthermore, short-hop heli transfers from San Vicente, Puerto Princesa or El Nido make for a stunning guest arrival experience on the Banwa Private Island's heli-lawn, after a 1-hour commercial flight from Manila.

Voted 'Private Island of the Year' in the Destination Deluxe Awards, Banwa Private Island's sought-after exclusivity is more timely and important than ever before. Guests can opt to stay in any one of Banwa Private Island's six beach-front villas or, for the ultimate friends and family escape, the entire island can be chartered on an 'exclusively yours' basis.

For more information, please visit [www.banwaprivateisland.com](http://www.banwaprivateisland.com)



### BANWA PRIVATE ISLAND

#### EXCLUSIVELY YOURS MANILA HOUSE MEMBERS BENEFIT

Manila House Members enjoy a US\$ 300 Island Credit per night of stay, for every 2 guests in any villa category. Complimentary villa upgrade, subject to availability.

Seasonal villa rates start from US\$2,300 for 2 guests, inclusive of meals and selected activities.

#### Terms & Conditions:

- Minimum of 3 nights stay
- Island credits are applicable for spa treatments, activities, food & beverage
- Travel period through to December 2021. Booking period is 14 days prior to check-in
- Offer is based on full pre-payment at time of booking, non-cumulative or combinable with other offers.

We extend our 'Goodwill Postponement Policy' until 22nd December 2021, whereby cancellation over seven (7) days prior to arrival will be credited in full for a future stay within 12 months from the stay date (not applicable during the peak period).



## LifeScience X Manila House

**Purchase your LifeScience Supplements  
at our Online Shop**  
*shop.manilahouseinc.com*



BioConcepts Orthoplex  
BioActive Lipids  
Php2,300



BioConcepts  
Orthoplex CitraMag  
Php1,720



Douglas Laboratories  
Vitamin D3 1000IU  
Php500



Douglas Laboratories  
Vitamin D3 5000IU  
Php1,000



LCPI Liposomal Melatonin  
Sublingual Spray  
Php1,200



Pure Encapsulations  
Zinc Picolinate  
Php825



LCPO Immuni-3  
Php1,540

### SANIVIR SMOKE DISINFECTANT

Manufactured in Spain and tested according to stringent standards to assure its effectiveness against the Coronavirus, other types of viruses, bacteria, fungi and spores, **Sanivir Smoke** contains Glutaraldehyde and Orthophenylphenol which are both FDA and CDC approved active ingredients ideal in killing viruses.

- **Ideal for all enclosed spaces**
- **Easy to use, no residue, non-corrosive**
- **Can penetrate hard to reach areas such as crevices, air vents, ceiling as well as surfaces**
- **It can be used every two weeks depending on the area**

Manila House Members enjoy specially discounted prices for Sanivir Smoke

**Sanivir Smoke 25g**  
50 m<sup>3</sup> (15 to 30 sq. m)

**Discounted Price per can**  
**P1,200**  
SRP: P1,500

**Sanivir Smoke 1kg**  
2,000 m<sup>3</sup> (500-550 sq. m)

**P4,800**  
SRP: P6,000



*Prices are exclusive of 12% vat and exclusive of delivery charges. Price of this item is subject to change without prior notice.*  
For more information, please call 371-3936, 411-2627 or 411-2592

# The Future in Air Purification Technology



Manila House members get 30% off. Just use the promo code

**LUFTONIC™** *MANILAHOUSE*

ADVANCE GERMAN ENGINEERING

Until December 31, 2021



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# Manila House Members now enjoy reciprocal rights at the following Clubs



**12 HAY HILL**  
London  
United Kingdom



**ALL BRIGHT**  
London  
United Kingdom



**THE COURT**  
London  
United Kingdom



**KJARVAL**  
Reykjavik  
Iceland



**WE\_ARE**  
Paris  
France



**BRODYLAND**  
Budapest  
Hungary



**MODERNIST**  
San Francisco, CA  
USA



**THE BATTERY**  
San Francisco, CA  
USA



**PERSHING**  
Austin, TX  
USA



**HERE HOUSE**  
Aspen, CO  
USA



**ARTYZEN CLUB**  
Hong Kong



**TOWER CLUB**  
Singapore



**THE CITY SOCIETY**  
Beijing



**THE AMERICAN CLUB HONG KONG**  
Hong Kong



**1880**  
Singapore



**STRAITS CLAN**  
Singapore



**THE QUORUM**  
Gurugram &  
Mumbai  
India



**UNITED SERVICES RECREATION CLUB**  
Hong Kong

## WORK CLUB GLOBAL Australia



**SYDNEY SUPREME**



**SYDNEY BARANGAROO**



**SYDNEY BARRACK PLACE**



**CANDELA NUEVO**  
Melbourne  
Australia



**CARTEL CLUB**  
Cape Town  
South Africa

Please note that all requests for visits to and bookings at our reciprocal clubs must be coursed through Manila House at least three (3) days before your intended visit. Please include the dates of your visit, as well as the number of guests you wish to bring, as each club sets its own limits. We kindly remind you to wait for email confirmation that your visit has been approved before proceeding to the reciprocal club. Please refrain from calling the reciprocal club directly to announce your visit.

You may also be required to present your Manila House Membership Card when you arrive at the reciprocal club.

# ALL WRAPPED UP

Order our packed meal-in-a-box service for your Next Board Meeting,  
Company Dinner or Strat Plan Session



## Breakfast Box choose from

- Bacolod Chorizo (Pudpod) P650  
*with 1 Egg, Jasmine Rice and Atchara*
- Daing na Bangus P650  
*with 1 Egg, Jasmine Rice and Atchara*
- Pancake Souffle P650  
*with 3pcs Bacon, 1 Egg, Butter, and Maple Syrup*
- Mushroom Toast P650

## Lunch Box choose from

- Chicken Inasal (1pc) P650  
*with Gising Gising and Jasmine Rice*
- MH Club Sandwich and Al Pomodoro P850
- MH Fried Chicken (1pc) P850  
*with Mashed Potato/Rice and Gravy*
- Tuna Melt and Puttanesca P850
- Ox-tail Kare-kare P850  
*with Jasmine Rice*

## Dinner Box choose from

- Fried Apahap P1,200  
*with Bagoong Rice*
- Catfish Salad P1,200  
*with Pork Ribs Curry, and Jasmine Rice*
- Ceasar Salad and Pan Seared Salmon P1,500  
*with Sauteed Vegetables and Pea Puree*
- Calimaki and Beef Teppanyaki P1,700  
*with Japanese Rice*
- Filipino Salad and Rib Eye Bistek Tagalog (150g) P2,000  
*with Brown Rice and Gising Gising*

For inquiries and takeaway orders, please call  
+63 917 816 3685 or email [reservations@manilahouseinc.com](mailto:reservations@manilahouseinc.com)

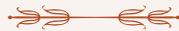


# THE THANKSGIVING TABLE



## THANKSGIVING AT HOME

PHP15,500 | GOOD FOR 10-12 PERSONS



### ARUGULA WITH CARAMELIZED PUMPKIN

*Cherry Tomatoes, Gorgonzola and Red Onions  
with Raspberry Vinaigrette*

### ROASTED WHOLE TURKEY (6KG)

*with Sausage Stuffing, Cranberry  
Sauce and Giblet Gravy*

### GARLIC FRENCH BEANS

### POTATO & LEEK GRATIN

### APPLE PIE

# THANKSGIVING AT BONIFACIO DINING

PHP 2,600 PER PERSON



## ARUGULA WITH CARAMELIZED PUMPKIN

*Cherry Tomatoes, Gorgonzola and Red Onions with Raspberry Vinaigrette*

## TURKEY ROULADE WITH SAUSAGE STUFFING

*with Cranberry Sauce and Giblet Gravy*

## GARLIC FRENCH BEANS

## POTATO & LEEK GRATIN

## APPLE PIE



# THE NEW OPULENCE

Come by our reconfigured upstairs Retail Corner to see the exquisite selection of home and tableware accessories from Opulent Living



For inquiries, contact +63 917 851 6500

# IN PURSUIT OF FREEDOM

We are proud to have among our roster of Members the very first Filipino to win the Nobel Peace Prize, **Maria Ressa**, who shares the distinguished award with Russian journalist Dmitry Muratov. We reprint here the an excerpt from the statement released by the Norwegian Nobel Committee upon announcing that Ressa and Muratov had been named this year's laureates.



Maria Ressa uses freedom of expression to expose abuse of power, use of violence and growing authoritarianism in her native country, the Philippines. In 2012, she co-founded Rappler, a digital media company for investigative journalism, which she still heads. As a journalist and the Rappler's CEO, Ressa has shown herself to be a fearless defender of freedom of expression. Rappler has focused critical attention on the Duterte regime's controversial, murderous antidrug campaign. The number of deaths is so high that the campaign resembles a war waged against the country's own population. Ms Ressa and Rappler have also documented how social media is being used to spread fake news, harass opponents and manipulate public discourse.

Free, independent and fact-based journalism serves to protect against abuse of power, lies and war propaganda. The Norwegian Nobel Committee is convinced that freedom of expression and freedom of information help to ensure an informed public. These rights are crucial prerequisites for democracy and protect against war and conflict. The award of the Nobel Peace Prize to Maria Ressa and Dmitry Muratov is intended to underscore the importance of protecting and defending these fundamental rights.

Without freedom of expression and freedom of the press, it will be difficult to successfully promote fraternity between nations, disarmament and a better world order to succeed in our time. This year's award of the Nobel Peace Prize is therefore firmly anchored in the provisions of Alfred Nobel's will.

# POST-LOCKDOWN ESCAPES

**Tesa Totengco**, the New York City-based owner of bespoke travel consultancy Travels with Tesa, was part of the *Women in Travel* webinar panel held earlier this year. We asked her to recommend five destinations for travelers from the Philippines that comply with current COVID regulations and requirements.



## IRELAND

From castle hotels to country manors, Ireland has a wide selection of luxury properties across the country. Compared to their European counterparts, they offer greater value without compromising service and quality. France may have croissants, Italy their pasta, but Ireland has butter, brown bread, and potatoes like no other. So many of Ireland's activities are outside (golf, fishing, equestrian, cycling) that make it perfect to social distance. The pubs are legendary not just for their ales but are truly an authentic place to meet locals and experience Irish songs and storytelling. I've just returned from a two-week trip and the best way to travel and experience Ireland is with a private driver and vehicle, with local specialized guides in certain destinations.

*Travel from the Philippines for fully vaccinated passengers is permitted. Mandatory passenger locator form.*

## NORTHERN IRELAND (UK)

Often overlooked and misconceived, Northern Ireland is worth a visit from Ireland. The "troubles" are in the past with a peace treaty in place for the past 23 years. There is a resurgence with the Titanic Museum in Belfast and Game of Thrones filming locations throughout the area. The Giant's Causeway remains the #1 tourist attraction and a drive on the Antrim Coast on a sunny day yields some of the most picturesque take my breath away scenery. The landscape is rugged much like its turbulent past. There are no checkpoints between Ireland and Northern Ireland. From Northern Ireland, Scotland and the UK is easily accessible by sea or air. We didn't self-drive like we normally do, but had the able services of a driver throughout the entire trip who also acted as our concierge. He became a friend after eight days together. Our trip was peppered with local specialist guides in Belfast, Derry and Glenveagh.

*Travelers from Philippines (see 232 additional countries) who do not have a travel history in (see 6 additional countries) that are red-listed during the 10 days prior to their arrival are allowed to enter the United Kingdom. Please check the documentation, quarantine, and/or testing requirements for your specific destination before traveling.*



## EGYPT

Egypt is on everyone's bucket list for good reason. If you've already been to Greece and Italy, Egypt's civilization extends further back. The last remaining ancient wonder of the world, the Pyramids, can still be found here. Explore the Valley of the Kings in Luxor then see all the pharaoh's mummies at the New Egyptian Museum in Cairo. Board a felucca sailboat and visit the Nubian villages in Aswan. Travel to the southernmost border near Sudan to visit Abu Simbel, two massive rock-cut temples dedicated to King Ramses II and Queen Nefertari. Before sunrise, ride a hot air balloon over Luxor. I spent 12 days in Egypt this summer. Having a dedicated private driver, vehicle and Egyptologist throughout our entire stay was worth it. Our guide even got us access to active archeological digs, now that's priceless.

*Travel is allowed with restrictions. Travelers from Philippines (see 214 additional countries) must have a printed negative COVID-19 RT-PCR test result in Arabic or English. The test must be taken a maximum of 72 hours before departure. The result must be stamped by an accredited laboratory, or contain a QR code, and must indicate the type of sample taken. This requirement does not apply to Fully vaccinated travelers. Quarantine may be required for unvaccinated travelers. Documents you need for your trip: To visit Egypt for Business or Tourism, you require a visa. A paper or embassy visa is the only type of visa available for visitors. Typically the visa is a stamp or sticker added to your passport. You must submit your application through the consulate or local visa center. Visit the government website for details. Travelers are required to complete a health declaration before travel. Travelers are recommended to have travel insurance with COVID-19 coverage.*



## NAMIBIA

Considered to be one of the least densely populated countries of the world, Namibia has 2.97 people per square kilometer, making it a natural for social distancing. I completed a self-drive throughout the country in three weeks this past summer. This is a very popular and safe way to travel the country if time permits. The landscapes are varied from the Kalahari to the Skeleton Coast. If planned properly, you can spend the night in lodges or campsites. We filled up at every gas station which by way had spotless bathrooms. There are roadside rest stops with picnic tables and benches under an acacia tree, and a garbage barrel. Namibia is a very clean country with almost no litter. The lodge portfolios are exquisite and unique. The safari experience is excellent, however it does take second stage to the landscape.

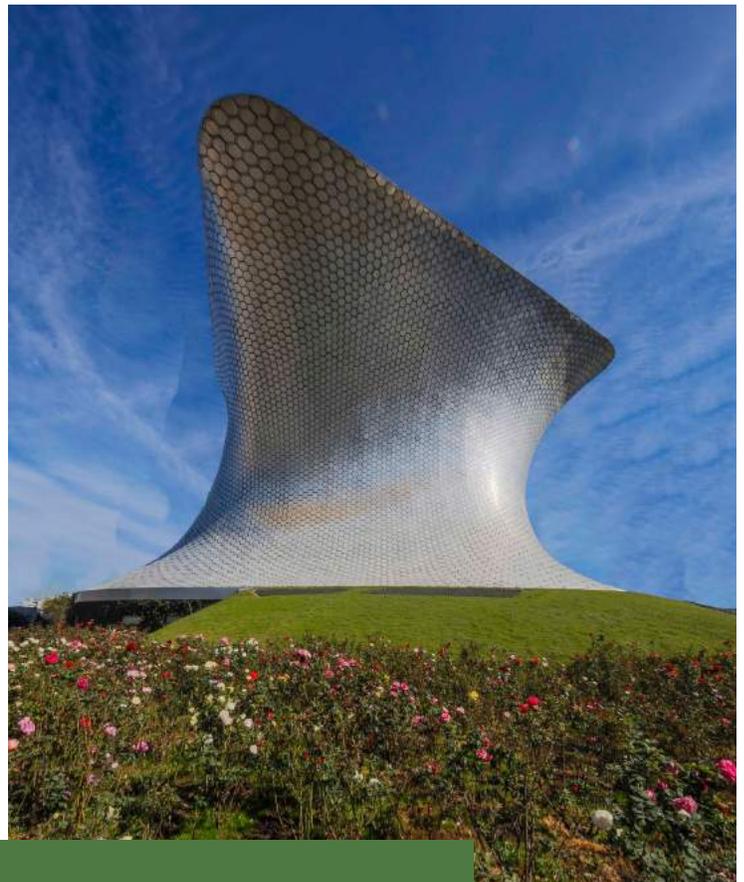
*Most travelers from Philippines can enter Namibia with restrictions. Travelers may be required to be tested for COVID-19 at their own cost on arrival if they present symptoms. o quarantine required. Proof of negative COVID-19 test results. Mandatory surveillance form. Mandatory health declaration form. Mandatory travel insurance. Accommodation booking may be required.*

## MEXICO

You may not be coming for the beaches in the Pacific Coast or the Caribbean Sea but do come for the history, culture and food. Spain conquered the Philippines by way of Mexico so in many ways, we share many common traits with Mexican culture. I've traveled to Mexico thrice this past year, once spending three weeks tracing the Mayan archeological sites beginning in Merida and ending in San Cristobal de las Casas. Mexico City remains a favorite cosmopolitan city for its vibrancy, diversity, world class museums and restaurants. Puebla is a beautifully preserved colonial town with Talavera ceramic workshops. Oaxaca has been popular for so long and deservedly so but Chiapas will be the next in-demand destination. Go before everyone else does.

*Travel is allowed by air. No proof of negative Covid-19 test required for entry. No quarantine required. Mandatory health declaration form before arrival . Visa required*

Photos by Michael Girman  
www.travelswithtesa.com



# THANKSGIVING THOUGHTS

*Members share what they are most thankful for this year*



**Yvette Fernandez**

*During this past year and a half, I've been grateful for many things, but most especially for my family and the people I love most. Grateful we have the essentials of food, clothing, shelter, and the realization we do not need much more. Grateful for our health, and the vaccines for our fellow Filipinos. Grateful for the relationships that have strengthened even via virtual calls. Grateful I can still tell the stories I tell from my little corner at home. Grateful for the time and the solitude to reflect on what matters most.*



**Kaye Tinga**

*This past year and a half has been an awakening for all of us, and I, like many others have come to have a deeper appreciation for what's really important in life - family, health and home. While I used to seek adventure and excitement, these days I am just thankful for every single day that is worry-free, and the knowledge that my loved ones are safe.*





**Lizette Cojuangco**

*Every beat of my heart is my prayer of thanks to the Source of life and creation. I'm grateful for big things, small things and everything in between! Life is good no matter what comes my way!*



**Dr. Steve Mark Gan**

*I'm thankful for the gift of life. I'm grateful because God blesses me, my family, my parents, brother, even my closest family members and friends with good health, safety, and happiness. He also gives me strength and wisdom to provide for each and everyone in my work organization. We have to learn to appreciate life more and to be grateful for every day that we get to live it to its full extent.*



**Regina Reyes**

*I am most grateful for the gift of health, and the love and support of my family and friends!*



**Nikki Tang**

*I am thankful and grateful for my family, friends and opportunities that I could make a difference in life to other people even during times of uncertainty.*

# DERRICK & RIA SANTOS

answer the Manila House Questionnaire



*Tell us what you do.*

**DERRICK:** I'm a private banker for Credit Suisse AG. More importantly, husband to Ria.

**RIA:** Yoga instructor, eternal optimist.

*How do you define success?*

**DERRICK:** Waking up everyday with a positive attitude, clarity of thought, looking forward to your day, all set in an environment surrounded by your loved ones. And having time to play golf, tennis and padel! When all is said and done, I can honestly tell myself, I made the best decisions given the circumstances, had no regrets, and that I was the best version of myself before my last breath.

**RIA:** Success is not just about reaching the summit and making it, but the morals it took to get to that place. For me, if you are surrounded by family and friends who are there even in the toughest of times, then you are already so lucky. It is the kindness, love and care you shared with others, and in turn you are surrounded with during an unstable time.

*What life lessons did you derive from the pandemic?*

**DERRICK:** Flexibility and adaptability are key to happiness. Trying to control a situation can lead to disaster.

**RIA:** There are many but mostly I think keeping things simple but not simplistic. In a world filled with many narratives (especially in a pandemic), you have to listen deeply to what feels right for you and follow it. Knowing nothing is perfect, that life has changed completely, you have to flow with the times. I have learned to accept, have faith in our fate for now. In the ugliest of times we must learn to bloom.

*What's the last movie/series you watched?*

**DERRICK:** *Dune*, a must see!

**RIA:** Movie, *Black Widow*; TV Show, *Undoing*

*What book is in your bookshelf but you've never read?*

**DERRICK:** *Blink* by Malcolm Gladwell, I've quoted passages but never finished. Since you asked, it's back on my bedside.

**RIA:** I'm trying to read it! *Keep Sharp, Build a Better Brain at Any Age* by Sanjay Gupta, MD.

*What song can't you get out of your head?*

**DERRICK:** *Africa* by Toto. It's a song I often play during my early morning drive to the golf course.

**RIA:** *Electricity* by Dua Lipa as my pick-me-up and *I Love You* by The Hanumen as my "settling down". *Your Power* by Billie Eilish just because.

*What would you like to see in the "next normal"?*

**DERRICK:** Can I say World Peace? Solidarity, in every essence of the word. For humanity to embrace the UN's sustainable development goals and a more intelligent urban plan. I can go on and on, but those come to mind initially.

**RIA:** More parks, trees and outdoor spaces (for all); less traffic; more mindfulness in our leaders and transparency; and advanced preparation for the sick - whether COVID-related or not. I know it is such a cliché to say world peace and good health for all, but I know that is a dream. However, one can always hope!

*What's your favorite thing about Manila House?*

**DERRICK:** The outdoor terrace, it's got priceless energy.

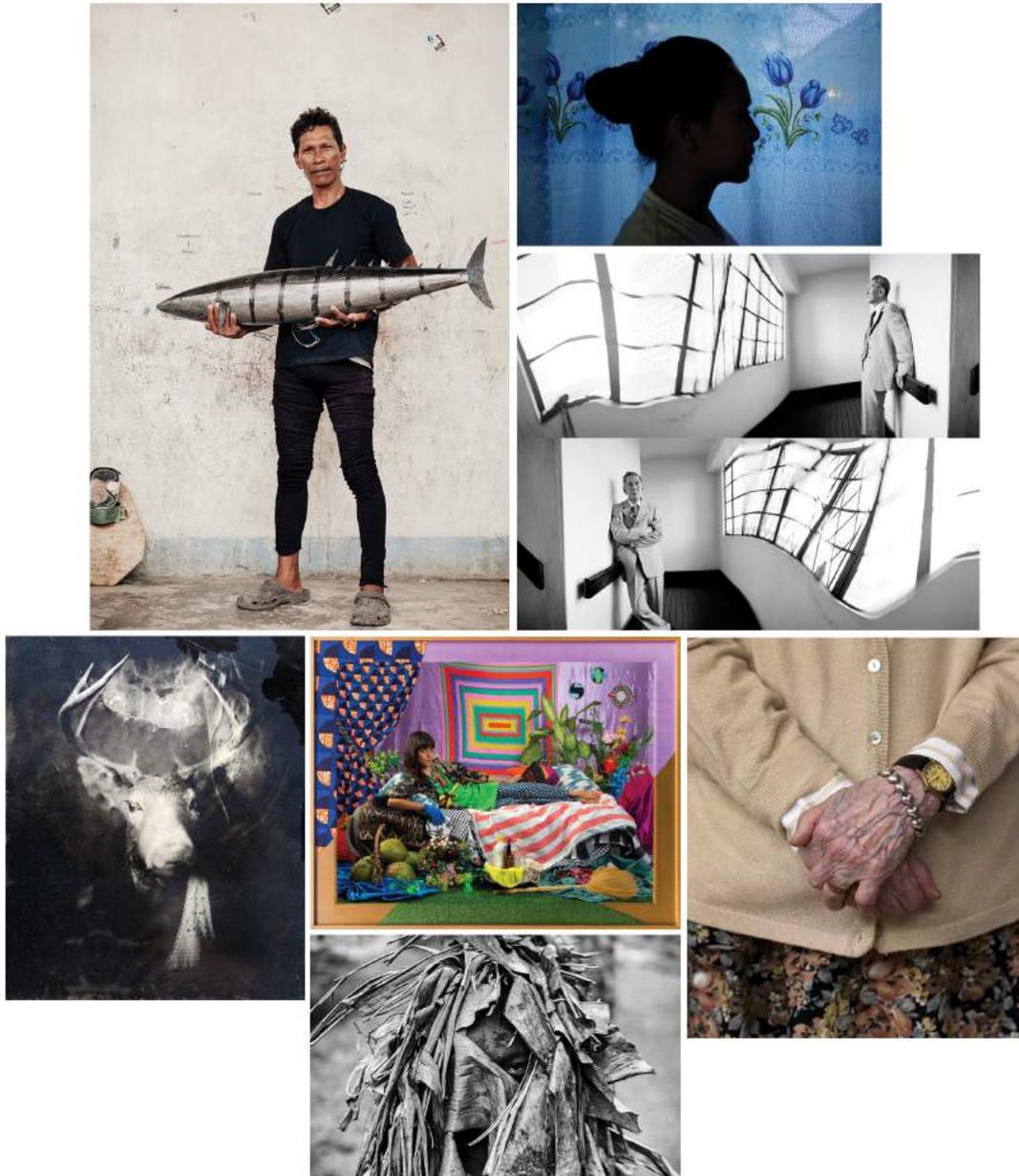
**RIA:** Taro chips with alioli. Great cocktails, cosy atmosphere, and the nice outdoor space where we can do lunch, dinner and drinks.

*If you had to be quarantined (again) which country would you choose to be in?*

**DERRICK:** Mallorca, Spain - specifically in the Rafael Nadal Academy. And with several golf academies in the area, it's a dream location. Ria and I can also enjoy the beaches. It's a win-win.

**RIA:** Greece, specifically Chania in Crete, it's so beautiful there. Or Lugano, Switzerland, because my aunt Anbe Marie lives there and we can go everywhere from there, including Spain!

# FOTOMOTO 21 INVITATIONAL: PORTRAITS



Photographs: Francisco Guerrero, Veejay Villafranca, Raena Abella, Tom Epperson, Neal Oshima, Jes Aznar, Wawi Navarroza



Fotomoto 21 is an exhibit of photographic prints by Filipino and Philippines-based photographers. These include the members of the Fotomoto collective, as well as over 100 photographers, including professionals and photo-journalists, as well as artists, amateurs and hobbyists.

*The exhibit formally opens to the public on Saturday, November 20, at the Manila House Private Club. All images will also be shown online at <https://fotomoto.ph> and selected images will be shown on Facebook and Instagram.*

# RESCUE MISSION

The online book launch of the first volume of the three-part series *Endangered Splendor*, published by the Ateneo de Manila University Press, was the starting point for a conversation on history, heritage and conservation with authors **Fernando N. Zialcita** and **Erik Akpedonu**.

This landmark publication is the first of this kind, and offers a breathtaking survey of Manila's architectural heritage from 1571 to 1960, with Volume 1, *The Center*, focusing on three Manila neighborhoods: San Nicolas, Binondo and Intramuros, creating an impetus for action to safeguard and preserve this unique and rich heritage.

Opening the event was Tina Paterno, the president of ICOMOS Philippines and Vigan City Tourism Officer Edgar de la Cruz. Manila Vice Mayor Honey Lacuna sent a prerecorded statement on behalf of Manila Mayor Isko Moreno Domagoso.

*“There are several things that happened. One is the way we viewed history post WWII. There was a tendency to demonize everything from the Spanish period, and that made it difficult to want to reconstruct Intramuros, or to want to preserve anything from the Spanish period. Another thing also was the fact that our educational system has been overly pragmatic, the teaching of art and history has been sidelined in our schools. As a result, we have - many of us have - grown up not knowing what to be proud of as Filipinos.. that is something I’ve noticed in my students in cultural heritage, and I noticed this eagerness to want to learn what it is we can be proud of as a people.”*



~ **Fernando Zialcita**

*(On why Manila was not rebuilt to its former glory after the war)*



*“This notion, whose heritage is it? There was a big question after WWII, is this really Filipino? In the 1950s and 60s, serious, prominent Filipino historians promoted the demolition of the walls of Intramuros, arguing that they are not a symbol of our history, but rather a symbol of foreign oppression, under which these Filipinos were suffering. It’s this notion that whatever is Filipino must be pre-colonial, that only the pre-colonial is the true Filipino. Nothing could be further from the truth, and that applies not only to the Philippines, but to each and every country on this planet. Cultures are never pure. Cultures are always mixed, always.”*

~ **Erik Akpedonu**

*(On what constitutes Filipino cultural heritage)*

# PROPERTY MATTERS

Property has always been considered a solid investment whose value is almost always recession-proof. The Philippine property market, for example, has always been buoyant. But what about investing in property overseas? Recently, we zeroed in on how to buy property overseas, and how to get a mortgage to buy property overseas. How many of us have considered buying a second home abroad, or perhaps a pied-à-terre for our children to have access to while studying in the US or Canada, for example? In many instances, buyers have had to pay in cash because they would have been ineligible for a mortgage. **Donald Kilp**, Managing Director of the Global Mortgage Group (GMG) and **Robert Chadwick**, co-founder of America Mortgages, explained that it was indeed possible to buy property abroad, and the process does not have to be mystifying.

## Global Mortgage Group



Donald Kilp

### The Problem

#### 2% for them = too small to care

- Foreign buyers only 2-3% of total
- Loan officers not incentivized to help
- Lack of cultural understanding
- Time zone issues

#### Information gap

- Non-bank lenders account for 60% of mortgage market
- No way for overseas borrowers to get direct access

#### Mortgages are "Citizen" focused

- US Citizen loan programs are "tweaked" to accommodate foreign nationals
- Current national approval rate 60%

### Our Solution

#### 100% for us = it's all we do

- Our clients are ONLY non-residents - both Foreign Nationals and Expats
- Same time zone
- Cultural understanding

#### We have done the hard work for you

- We are licensed mortgage broker with over 150 US (+150 Non-US) lending relationships
- Lenders compete on pricing to get your business vs bank selling their own product

#### Our mortgages are "client" focused

- We work directly with lenders to create loan programs SPECIFICALLY for foreign nationals
- GMG approval rate 97%

## America Mortgages



Robert Chadwick

### What makes America Mortgages unique ...

- Our only focus is providing market rate mortgage financing for U.S. Expats and Foreign Nationals.
- We tailored our loan programs to fit our clients
  - No U.S. credit is required
  - Foreign earned income is allowed
  - Foreign bank accounts allowed
  - Direct bank lending programs
  - 80% leverage for U.S. Expats / 75% leverage for Foreign Nationals
- Loan officers and support staff work in your time zone



# COVID AND KIDS

When the pandemic first struck, our initial concern was for the most vulnerable population – the seniors, who were considered more susceptible to catching COVID. Children and teens, however, were also greatly impacted by the lockdowns that saw them confined at home and unable to go out, do sports, go to school and interact with their peers, all of which have consequences on the mental and physical well-being. **Dr. Olivia Camille Reyes**, CMI Pediatric Emergency Medicine Specialist, spoke about helping young kids and teens deal with the effects of COVID.



## Mental Health



A state of emotional, psychological and social wellness that allows each individual, adult or child, to function, interact, and form meaningful relationships with the people around us

## Vaccination in Children: mRNA Vaccines



Expanding clinical trials to include children 5 to 11 years old  
Locally, approval of vaccination for children aged 12 to 17 under the A3 population with mRNA Vaccines  
Pfizer  
Moderna  
Effective in preventing infection and disease  
Common effects: fever, pain on the injection site, chills, body malaise and fatigue  
Uncommon but serious side effect: myocarditis  
Benefits outweigh the risk  
Key step in the opening of schools



### Prevention, Promotion and Maintenance of Physical Health

Encourage development of healthy eating habits to meet the child's needs for optimum development

Healthy eating habits are best formed early with guidance of proper food choices

Well-functioning immune system



### Let's be Health Champions!

Regular physical activity can help children and adolescents improve cardiorespiratory fitness, build strong bones and muscles, control weight, reduce symptoms of anxiety and depression, and reduce the risk of developing cardiovascular disease, obesity, diabetes, cancer and osteoporosis

# SPOOKY SESSIONS

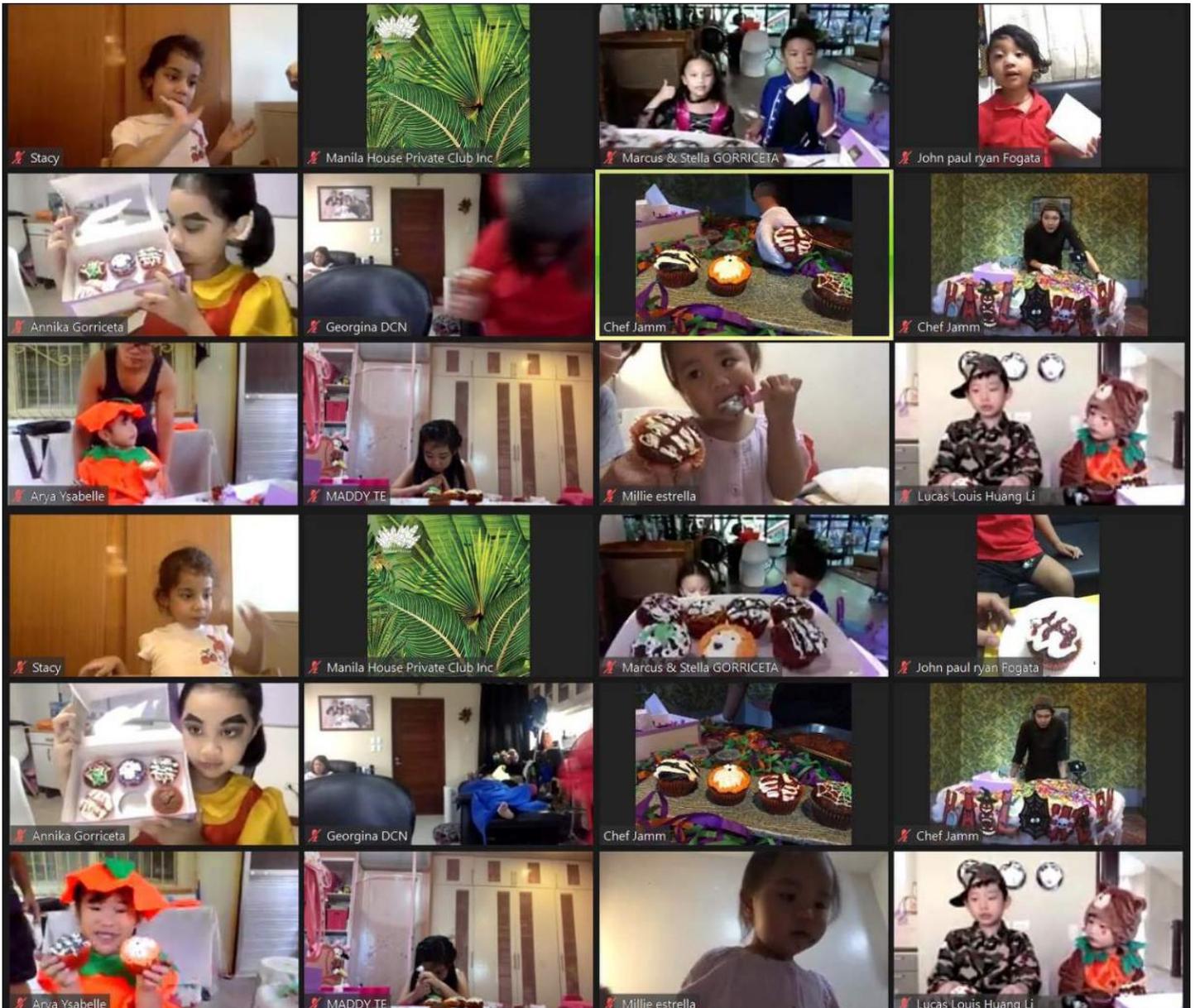
Members' kids came as princesses and superheroes and ninjas. Cleopatra even made an appearance. All virtually, of course, as Chef Jamm showed them how to decorate their cupcakes with scary motifs



Chef Jamm



Chef Jamm



[To watch the full webinar, visit our YouTube channel](#)

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 L'OCCTIANE en Provence

# ZOOMING IN

Join us on Zoom for our programme of informative, entertaining and illuminating talks which encompass art & design, culture, history and current events

## EYES ON ASIA

### S.E.A. DIGITAL FOOD CRAWL – THAILAND

**November 5, 2021**  
**Friday at 3PM**

Join Manila House together with Asia Society for the first part of SEA Digital food crawl – Thailand and be part of the virtual cooking demo featuring Manila House Pad Thai traditionally prepared by our **Executive Chef Piya Suthasiri**.

How did Pad Thai become the dish we all know and love? Join us as we explore the history and significance of this popular Thai dish, paired with a refreshing Thai iced tea, Cha Yen.

*Presented in partnership with:*



**Registration Fee:**  
**Thai Cuisine Kit – Php700\***  
*Pad Thai & Cha Yen*

*\*Inclusive of delivery within Metro Manila*

Register in advance for this webinar:  
<https://bit.ly/MH-Nov5>

**Please make payment to:**

Bank Name: **UnionBank**  
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**GCash:**

please scan the QR Code



**Piya Suthasiri**  
*Executive Chef*  
*Manila House Private Club*



# WHO'S AFRAID OF CHOLESTEROL?

**November 9, 2021**  
**Tuesday at 3PM**

Cholesterol has always been associated with heart disease. The truth is, cholesterol is only one factor in determining your overall health. Find out what cholesterol is trying to tell you, what other factors influence cholesterol, and the hidden villains that are causing your health problems.

*Presented in partnership with:*



## **OPTION A**

Registration Only: FREE

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Members: 20% off on F&B vouchers worth at least P2500

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**Dr. Zoe Arugay-Magat**  
*Urban Occupational  
Medicine Specialist*



# IMAGINE A CITY

## URBAN RENEWAL, WATERWAYS AND TRANSPORT

**November 10, 2021**  
**Wednesday at 4PM**

The proposed Pasig River Expressway (PAREX) brings to mind the successful 2005 Cheong Gye Cheon Restoration project in Seoul, South Korea. Striking a balance between the needs of a sprawling, congested city for efficient transport, open, green spaces and heritage conservation is key. **Dr. In Keun Lee**, of the Urban Planning Bureau of Seoul, talks about transforming a city, from vision to reality.

Urban designer and landscape architect **Paulo Alcazaren** and urban planner and chairman of CommutersPH **Julius Nicoll Z. Dalay** weigh in on the Pasig River and the Metro Manila challenge.

*Presented in partnership with:*



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**In-Keun Lee**

*Visiting Professor  
Dept of Civil and Environmental  
Engineering SeoulNational University*



**Paulo Alcazaren**

*Urban Designer and  
Landscape Architect*



**EnP. Julius Nicoll Z. Dalay**

*Chairman & Urban Planner  
Commuters of the Philippines  
Advocacy Group*





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